

# Caregiver Support Group



What you can expect to obtain from our support groups-

- Understanding new situations
- Guidance through coping
- Dementia education
- Connections with other caregivers
- Advice from peers
- Guidance
- Resources for caregivers
- Education
- Comfort
- Guidance through challenges
- Occasionally a guest speaker
- Laughter
- Fun
- Support
- A judgment-free zone

*Join us the  
2nd & 4th Thursday  
of the month*

*2:00pm*

*Studio C-Wellness Center*

**Contact:**

**Casey Brown-CSW**

**Director of Life Enrichment**

**(715) 942-1441**

**[caseyb@bethany-home.com](mailto:caseyb@bethany-home.com)**

**BETHANY**   
The Best Care. Always.